

6<sup>th</sup> Annual

# PHIPPS BEND RIVER RUN

## SKELTON LAW RACING SERIES

**DATE, TIME & PLACE** Saturday, October 12, 2019, 8:00 a.m.

Hawkins County Branch of Tennessee College of Applied Technology, 323 Phipps Bend Road, Surgoinsville, Tennessee 37873 (Phipps Bend Industrial District just off Highway 11W – west of Kingsport)

**COURSE DESCRIPTION** 10 mile trail race on scenic out & back course along Holston River.

This is a challenging race and should only be run if you are properly trained. It is recommended that you carry water. State of Franklin Track Club **King & Queen Competition, Trail Series Competition, and Long Distance Series.**

Course closes at 2 hours 30 minutes! You will not be included in results after this cutoff.

**REGISTRATION & ENTRY FEE** Pre-registration **\$30.00** if postmarked by Friday, September 27.

SFTC members receive **\$5.00** discount if pre-register. *Late registration* fee **\$50.00** with no discount.

Race day registration begins 7:00 a.m. at Tennessee College of Applied Technology. No dogs/pets allowed at event!

**SHIRTS** First quality, long sleeve commemorative shirts. Only pre-registered runners guaranteed shirts!

**AWARDS** Top overall, top master (40+), top grandmaster (50+), and top senior grandmaster (60+), male & female. Top 3 in each age group: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over, male & female.

Overall winners not eligible for age division awards. Awards must be picked up on race day.

**POST RACE CELEBRATION** Awards and refreshments. Must be present for prize drawings.

Taco Bar catered by Barberitos Southwestern Grille & Cantina of Kingsport!

For additional lunch tickets, submit guest name & \$10.00 per guest with race entry.

Parking, registration, start, finish and celebration at Tennessee College of Applied Technology.

**GOLD SPONSORS** Law Office of Mark A. Skelton, Barberitos of Kingsport, R. Douglas Strickland M.D., and Rural Health Services Consortium Inc.

**RESULTS** Complete results available at [www.RunTriCities.org](http://www.RunTriCities.org)

**COURSE ETIQUETTE** No unsportsmanlike conduct. No headphones, bicycles, strollers, trekking poles, dogs (leashed or otherwise), or unregistered runners/walkers allowed on course.

**INFORMATION** Contact race director **Mark Skelton** at [markskelton@markskelton.com](mailto:markskelton@markskelton.com) 423-272-4812 (office), 423-345-2335 (home), 423-272-0712 (fax)



**MARK A. SKELTON**  
ATTORNEY AT LAW

### OFFICIAL 2019 PHIPPS BEND RIVER RUN ENTRY FORM

Name

Last \_\_\_\_\_

First \_\_\_\_\_

Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

Age (as of 10-12-19) \_\_\_\_\_

Date of Birth m \_\_\_\_\_ d \_\_\_\_\_ y \_\_\_\_\_

Circle shirt size: S M L XL

Lunch Guests \_\_\_\_\_ (\$10.00 each)

Complete and Mail with Entry Fee to:

**PHIPPS BEND RIVER RUN**  
**Law Office of Mark Skelton**  
**121 South Depot Street**  
**Rogersville, TN 37857**

Make checks payable to:  
**SKELTON LAW RACING**  
(No Refunds or Transfers)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

E-mail address \_\_\_\_\_

Emergency Contact (name & phone) \_\_\_\_\_

**ATHLETE'S RELEASE: YOU MUST READ, DATE AND SIGN RELEASE TO ENTER**  
I know that participating as a runner/walker in races is a potentially hazardous activity. I should not enter the PHIPPS BEND RIVER RUN unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including but not limited to falls, contact with other participants, the effects of the weather, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself, and anyone entitled to act on my behalf, waive and release Law Office of Mark Skelton, Skelton Law Racing, Tennessee College of Applied Technology, any and all sponsors, their representatives & successors from all claims or liability of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recording, or any other record of this event for any legitimate purpose.

Athlete's Signature \_\_\_\_\_

Parent's Signature if under 18 \_\_\_\_\_

Date \_\_\_\_\_